



All Children of Incarcerated Parents Need:

- Consistent, caring adults who understand that children most often love their parents—even when they have committed a crime.
- People who will let them be angry with their parent without criticizing or condemning them.
- Understanding of their feelings of anger, sadness, confusion and fear.
- A chance to express these feelings and a chance to learn to cope with them.
- People who can help them maintain contact with the parent or explain to them why they can't.
- Skills that help them feel competent and confident.
- A sense of meaning in the world.